



safe sports school

NATIONAL ATHLETIC TRAINERS' ASSOCIATION

Is your school taking the proper steps to keep student athletes safe? Be recognized as a safety leader! The Safe Sports School award recognizes schools that have taken action and implemented best practices to prevent injury and promote a culture of safe play. Take this quiz to see if your school is a candidate!

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| 1. Does your school have venue-specific emergency action plans in place and rehearse them yearly? | YES | NO |
| 2. Does your school provide or help coordinate pre-participation physicals and require that each student athlete has one? | YES | NO |
| 3. Do you keep the athlete's parents informed of the safety precautions as well as the potential benefits and risks of participating in sports? | YES | NO |
| 4. Is your athletic equipment properly maintained, and fitted properly to the individuals wearing it? | YES | NO |
| 5. Do you have a permanent and equipped area to evaluate and treat injured athletes? | YES | NO |
| 6. Has your school developed injury and illness prevention strategies, including protocols for environmental conditions? | YES | NO |
| 7. Does your school have an athletic health care team in place and do they have knowledge of AED and CPR care? | YES | NO |
| 8. Does your school provide/facilitate psychosocial consultation and nutritional counseling education? | YES | NO |
| 9. Does your school provide safe and appropriate practice and competition facilities? | YES | NO |

If you answered YES to 6 or more questions: your school may be an ideal your school may be an ideal candidate for the award. **Apply now!**

If you answered NO to 4 or more questions: your school is on its way to becoming safer for your student athletes. You can use the **application** as an educational tool for your principal and school.



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What is the Safe Sports School Award?

Created in 2013 the Safe Sports School award seeks to recognize secondary schools demonstrating extraordinary dedication to the safety of their student athletes. As of April 2016, nearly 800 secondary schools nation-wide have been recognized as Safe Sport Schools.

What do you get?

Depending on your qualifications you can either receive a 1st Team or 2nd Team recognition. Recipients of either recognition receive a banner to display at your school and a certificate suitable for framing.

How much does it cost?

A non-refundable application fee of \$150 is required. A school district may pay this fee in an application for multiple schools in their district if those schools have uniform policies and procedures. Check with your local state or district athletic trainers' associations for grant opportunities.

Who can apply?

Any secondary school can apply for the award, just note that the completed application must be signed by the school's principal or athletic director and an athletic trainer or team physician.

What are some of the award requirements?

- Create a comprehensive athletic health care administrative system.
- Provide or coordinate pre-participation physicals.
- Promote safe and appropriate practice and competition facilities.
- Plan for selection, fit, function and proper maintenance of athletic equipment.
- Provide a permanent, appropriately equipped area to evaluate and treat injured athletes.
- Develop injury and illness prevention strategies, including protocols for environmental conditions.
- Provide or facilitate injury intervention.
- Create and rehearse venue-specific Emergency Action Plans.
- Provide or facilitate psychosocial counseling and nutritional counseling/education.
- Educate athletes and parents on the benefits of risks in sports and their responsibilities.

If your school is reducing the risk for student athletes and providing a healthy and safe environment for play, consider applying for the Safe Sports School award and be recognized as a leader in sports safety.

Apply today!